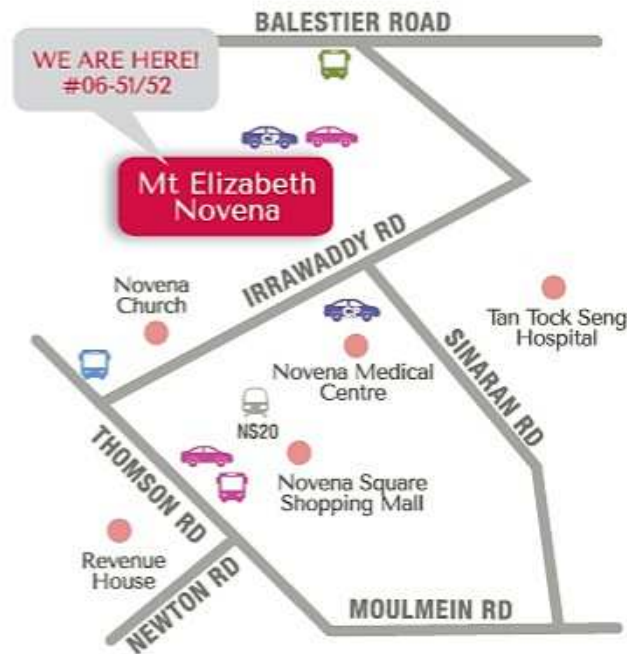


Our Team at **Cardiac Solutions** subscribes to evidence-based screening. Dr Ong Hean Yee has been a leader for screening amongst National Service pre-enlistees as well as those engaging in high risk occupations since 2003.

His research has been incorporated into the latest European guidelines and he is recognised locally as a key opinion leader in stress testing, imaging and screening.


### “Exercise is Medicine”

and exercise can prevent and treat chronic illnesses such as hypertension and diabetes. However extreme sports can be hazardous in sportsmen with undiagnosed heart conditions. Sports screening is recommended to those above 35 years old who are planning to start exercising. This is especially pertinent to those who were previously sedentary or those with risk factors such as family history of heart disease, obesity, hypertension, high cholesterol or smoking.



 NS20 NOVENA NORTH-SOUTH LINE NOVENA STATION

 21, 56, 57, 131, 166, 851, 980

 5, 54, 143, 162, 162M, 167, 851, NR1

 21, 130, 131, 139, 139M, 145, 186

 CARPARK

 TAXI-STAND

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A healthy  
outside starts  
from the  
inside. *- Robert Urich*

 **CARDIAC**  
SOLUTIONS  
MEDICAL CENTRE

Package A

## Basic Treadmill

(\$380\* before GST)

Recommended for those above 35 years old with risk factors or those planning to start an exercise regime.

**1. Pre-screening Clinical Examination**

**2. Height / Weight / Body Mass Index Measurement**

**3. Cardiac investigations**

- a. 12-lead Electrocardiogram
- b. Treadmill

**4. Cardiac Risk Profiling**

- a. Haematology
- b. Renal Panel
- c. Diabetic Panel
- d. Liver Panel
- e. Cholesterol Panel
- f. Uric Acid
- g. High-sensitivity C-reactive Protein

**5. Post-Screening Clinical Evaluation**

- a. Clinical consultation with cardiologist
- b. Thorough review of tests done
- c. Cardiac risk stratification

*\*prices valid until 31/12/17*

Package B

## Basic Echocardiogram

(\$380\* before GST)

Recommended for those below 35 years old who are planning to participate in sports & for National Service pre-enlistees.

**1. Pre-screening Clinical Examination**

**2. Height / Weight / Body Mass Index Measurement**

**3. Cardiac investigations**

- a. 12-lead Electrocardiogram
- b. Echocardiogram

**4. Cardiac Risk Profiling**

- a. Haematology
- b. Renal Panel
- c. Diabetic Panel
- d. Liver Panel
- e. Cholesterol Panel
- f. Uric Acid
- g. High-sensitivity C-reactive Protein

**5. Post-Screening Clinical Evaluation**

- a. Clinical consultation with cardiologist
- b. Thorough review of tests done
- c. Cardiac risk stratification

Package C

## Advanced

(\$680\* before GST)

Recommended for those above 35 years old with significant risk factors or known borderline abnormal tests & for young sportsmen taking part in extreme sports

**1. Pre-screening Clinical Examination**

**2. Height / Weight / Body Mass Index Measurement**

**3. Cardiac investigations**

- a. 12-lead Electrocardiogram
- b. Treadmill
- c. Echocardiogram and Stress Echocardiogram
- d. CT Cardiac Angiogram  
*(optional and at an additional cost depending on doctor's assessment and blood tests)*

**4. Cardiac Risk Profiling**

- a. Haematology
- b. Renal Panel
- c. Diabetic Panel
- d. Liver Panel
- e. Cholesterol Panel
- f. Uric Acid
- g. High-sensitivity C-reactive Protein
- h. HbA1c

**5. Post-Screening Clinical Evaluation**

- a. Clinical consultation with cardiologist
- b. Thorough review of tests done
- c. Cardiac risk stratification